Continuing Education with Connection Therapy

Course Title: Human & Animal Connection Book Study Group Duration: (3) 1 hour meetings, once per month for 3 months

Cost: \$95

Overview:

Join our community of professionals who care deeply about the human and animal connection. This course will repeat regularly with a new book selection each time. Books will be selected based on topics that explore the relatedness between animals and humans. We will consider each book's content to improve relationships with animals, including their wellbeing and how we can partner better in animal-assisted therapies.

Program Details:

Each month we will review sections of the book, and jointly discuss ways to apply the content. Attendees will be supported in applying topics to their specific environments, professional competencies, and needs.

By providing a supportive environment to collaborate with other professionals, the program will encourage self-reflection, cooperative consultation, and improvement of the delivery of services.

Course Agenda:

- Introductions/Agenda Overview
- Review of Chapters
- Group discussion/Q&A
 - Application of topics to professional contexts

Learning Objectives:

- Attendees will be able to thoughtfully reflect and receive feedback from colleagues to enhance at least one specific skill or technique
- Attendees will be able to incorporate curriculum topics into their professional contexts
- Attendees will be able to consult and collaborate in a confidential setting
- Attendees will obtain additional information, as needed, to support their work

Participants:

This program is designed for all professionals, including those in mental health and equine assisted services and more, who are passionate about the human and animal connection. It is intended to be a collaborative environment for all types of certification, education, and licensure. There are no pre-requisites.

Instructor:

Dr. Murrow is a licensed psychologist who leads Connection Therapy, a private practice focused on serving rural communities in Kansas. Prior to practicing in Kansas, Dr. Murrow completed a Postdoctoral Fellowship at the Reiss-Davis Child Study Center in Los Angeles. She also is a core faculty member and Research Coordinator at Pacifica Graduate Institute where she teaches courses in psychological assessment, theory, and research. She shares psychological concepts in an accessible way through her podcast, Connection Therapy.

Course Evaluation and Completion:

Participants will be requested to complete a program evaluation, and will also be able to provide their feedback during and after the course. Participants will receive a certificate of completion for 3 hours of continuing education.

Additional Notes:

- Course will be conducted via Zoom. Links and access details will be provided upon registration
- · A reliable internet connection, and a device with video and audio capabilities are required
- Includes book and a small gift, registration requested early so shipping can be arranged

Schedule:

Courses are offered regularly as live, virtual events. Please see <u>connection-therapy.com</u> for schedule and details. In-person events can be arranged. Please contact: <u>admin@connection-therapy.com</u> for more information.