

## Continuing Education with Connection Therapy

**Course Title:** Coffee & Collaboration: Human & Animal Connection

**Duration:** 1 hour

**Cost:** \$35

### Overview:

Join our community of professionals who care deeply about the human and animal connection. We explore topics affecting mental health and animal-assisted therapy, and investigate how we can improve therapeutic interventions. We are passionate about improving our skills, and understand that sustainability in this work is enhanced by camaraderie with trusted colleagues.

### Program Details:

This program will enhance the knowledge of attendees by integrating research and theoretical content from multiple fields. By providing a supportive environment to collaborate with other professionals, the program will encourage self-reflection, cooperative consultation, and improvement of the delivery of services. Attendees will be supported in applying topics to their specific environments, professional competencies, and needs.

We consider:

- How our animal natures display in mental health services
- How our kinship with animals informs the utilization of animal-assisted therapies, particularly equine assisted services
- How our animal partners communicate with us, both about the needs of the participant and their own needs during service delivery
- And more!

### Course Agenda:

- Introductions
- Review of Discussion Topics
  - 1-2 research studies and/or theoretical overview
- Group discussion/Q&A
  - Application of topics to professional contexts

### Learning Objectives:

- Attendees will be able to thoughtfully reflect and receive feedback from colleagues to enhance at least one specific skill or technique
- Attendees will be able to incorporate curriculum topics into their professional contexts
- Attendees will be able to consult and collaborate in a confidential setting
- Attendees will obtain additional information, as needed, to support their work

### Participants:

This program is designed for all professionals, including those in mental health and equine assisted services and more, who are passionate about the human and animal connection. It is intended to be a collaborative environment for all types of certification, education, and licensure. There are no pre-requisites.

**Instructor:**

Dr. Murrow is a licensed psychologist who leads Connection Therapy, a private practice focused on serving rural communities in Kansas. Prior to practicing in Kansas, Dr. Murrow completed a Postdoctoral Fellowship at the Reiss-Davis Child Study Center in Los Angeles. She also is a core faculty member and Research Coordinator at Pacifica Graduate Institute where she teaches courses in psychological assessment, theory, and research. She shares psychological concepts in an accessible way through her podcast, Connection Therapy.

**Course Evaluation and Completion:**

Participants will be requested to complete a program evaluation, and will also be able to provide their feedback during and after the course. Participants will receive a certificate of completion for 1 hour of continuing education.

**Additional Notes:**

- Course will be conducted via Zoom. Links and access details will be provided upon registration
- A reliable internet connection, and a device with video and audio capabilities are required

**Schedule:**

Courses are offered regularly as live, virtual events. Please see [connection-therapy.com](https://connection-therapy.com) for schedule and details. In-person events can be arranged. Please contact: [admin@connection-therapy.com](mailto:admin@connection-therapy.com) for more information.