

Continuing Education with Connection Therapy

Course Title: Recognizing Eye Movement Patterns to Improve Treatment

Duration: 2 hours

Cost: \$80

Overview:

In this unique course you will learn how to recognize patient eye movement patterns, and use that information to plan treatment with improved effectiveness.

Program Details:

This course demonstrates how nonverbal communication in eye movements can be understood in order to determine the patient's readiness for treatment interventions.

Eye movement, in terms of the willingness to make eye contact, and behaviors such as gazing and blinking, can inform the treating clinician of the patient's internal experience of stress. All therapeutic encounters rely on the relationship between the patient and the therapist and the relationship factors that make any treatment successful are rooted in the physiology humans share with mammals, where these eye contact movements originate.

In this course attendees will learn skills to recognize eye movement patterns in order to plan treatment interventions that are timely and effective. An overview of the mammalian nervous systems will be presented, and how behavior displays inform treatment will be discussed, in order to provide attendees with foundational information that goes beyond technique.

Course Agenda:

- Introduction of eye contact and movement patterns
- Explanation of physiology and behaviors
- Explanation of psychological understanding of these behaviors
- Utilizing assessment of eye contact behaviors to plan intervention timing and effectiveness

Learning Objectives:

- Attendees will be able to recognize eye movement patterns made by patients
 - Specifically,
 - Participants will be able to assess at least two eye contact behaviors to determine when mental health interventions can be applied for best chance of effectiveness
 - Participants will be able to add at least two activities to treatment planning, based on ability to recognize eye movement patterns

Participants:

This program is designed for mental health professionals and is intended to be a collaborative environment for all levels of education and licensure. There are no pre-requisites.

Instructor:

Dr. Murrow is a licensed psychologist who leads Connection Therapy, a private practice focused on serving rural communities in Kansas. Prior to practicing in Kansas, Dr. Murrow completed a Postdoctoral Fellowship at the Reiss-Davis Child Study Center in Los Angeles. She also is a core faculty member and Research Coordinator at Pacifica Graduate Institute where she teaches courses in psychological assessment, theory, and research. She shares psychological concepts in an accessible way through her podcast, Connection Therapy.

Course Evaluation and Completion:

Participants will be requested to complete a program evaluation, and will also be able to provide their feedback during and after the course. Participants will receive a certificate of completion for 2 hours of continuing education upon completion of a program evaluation.

Additional Notes:

- Course will be conducted via Zoom. Links and access details will be provided upon registration
- A reliable internet connection, and a device with video and audio capabilities are required

Schedule:

Courses are offered regularly as live, virtual events. Please see connection-therapy.com for schedule and details. In-person events can be arranged. Please contact: admin@connection-therapy.com for more information.